

# Burgh of Coatbridge



## REPORT

of the

Medical Officer of Health

for the

Year 1969



Burgh of Coatbridge

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**REPORT**

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for the

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PUBLIC HEALTH DEPARTMENT.  
MAIN STREET,  
COATBRIDGE.

21st October. 1970.

*To the Scottish Home and Health Department.  
The Provost, Magistrates and Councillors,  
of the Burgh of Coatbridge.*

LADIES AND GENTLEMEN,

I have the honour to submit to you my Annual Report on the public health of the Burgh for the year 1969.

I wish to record my appreciation of the encouragement given by Members of the Health Committee and of the co-operation given me by Heads of other Departments and their staffs. My thanks are also due to all members of the staff of the Health Department for their help and endeavour throughout the year.

I am, Ladies and Gentlemen,

Your obedient servant,

WILLIAM RODGER.  
*Medical Officer of Health.*

## STAFF

**MEDICAL OFFICER OF HEALTH.**  
WILLIAM RODGER, M.B., Ch.B., D.P.H.

**ASSISTANT MEDICAL OFFICER OF HEALTH.**  
\*Miss USHASHI GANGOPADHYAY, M.B.B.S., D.C.H.  
\*Appointed 13th October, 1969.

**SUPERINTENDENT NURSING OFFICER.**  
Miss C. A. SMITH, S.R.N., S.C.M., R.F.N., H.V.

### HEALTH VISITORS.

Miss H. BALLINGALL, S.R.N., S.C.M., R.F.N., H.V.  
Miss J. ROBINSON, S.R.N., S.C.M., H.V.  
Miss A. BROWN, S.R.N., S.C.M., R.F.N., H.V.  
Mrs. A. KEITH, S.R.N., S.C.M., H.V.

### PART-TIME HEALTH VISITORS.

\*Mrs. J. KENNEDY, S.R.N., S.C.M., H.V.  
\*\*Mrs. A. LAMARRA, S.R.N., S.C.M., H.V.  
\*Appointed 5th March, 1969.  
\*\*Appointed 11th November, 1969.

### DOMICILIARY MIDWIVES.

Mrs. H. RUSSELL, 9 Fullarton Street.  
Miss C. MURRAY, 1 Dunrobin Place.  
Mrs. M. KANE, 51 King Street.

### DISTRICT NURSES.

Nurse M. WILSON.	Nurse J. SLOAN.
Nurse. J. HANLON.	Nurse M. HANNAH.
Nurse M. MULGREW.	Nurse J. THOMSON.
Nurse A. DANKBAAR.	Nurse M. CANAVAN.

### PART-TIME NURSES—CLINICS.

Mrs. E. Fox, R.F.N., S.R.N.      Mrs. THOM, S.R.N., S.C.M.

### CLERICAL STAFF.

*Mrs. E. DABBS.	Mrs. B. GOODFELLOW.
Mrs. A. CHESTER.	Miss A. O'ROURKE.
Miss A. BUNTING.	Mrs. I. GRANT.
Mrs. L. HAMILTON.	

\*Retired 31st December, 1969.

## CLINICS.

### CHILD WELFARE CLINICS.

MONDAY	....	TOWNHEAD CLINIC, LOMOND ROAD	....	2—4 p.m.
TUESDAY	....	PUBLIC HEALTH DEPT., MAIN STREET	....	2—4 p.m.
WEDNESDAY	....	PUBLIC HEALTH DEPT., MAIN STREET	....	2—4 p.m.
THURSDAY	....	KIRKWOOD CLINIC, CRAIGEND DRIVE	....	2—4 p.m.
FRIDAY	....	ROSEHALL CLINIC, MARGARET STREET	....	2—4 p.m.

### ANTE-NATAL CLINICS.

#### Domiciliary Midwifery.

TUESDAY	....	PUBLIC HEALTH DEPT., MAIN STREET	10 a.m.—12 noon
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### ANTE AND POST-NATAL CLINICS.

#### Regional Hospital Board.

WEDNESDAY	PUBLIC HEALTH DEPT., MAIN STREET	9-30 a.m.—12 noon
FRIDAY	.... PUBLIC HEALTH DEPT., MAIN STREET	.... 2—4 p.m.

### ARTIFICIAL SUNLIGHT CLINICS. (By Appointment)

TUESDAY	....	PUBLIC HEALTH DEPT., MAIN STREET	....	2—4 p.m.
FRIDAY	....	PUBLIC HEALTH DEPT., MAIN STREET	....	2—4 p.m.

### CHIROPODY CLINICS. (By Appoin'tment).

MONDAY	....	PUBLIC HEALTH DEPT., MAIN STREET	} 9 a.m.—1 p.m. and 2 p.m.—5 p.m.
TUESDAY	....	PUBLIC HEALTH DEPT., MAIN STREET	
WEDNESDAY	....	PUBLIC HEALTH DEPT., MAIN STREET	
THURSDAY	....	PUBLIC HEALTH DEPT., MAIN STREET	
FRIDAY	....	PUBLIC HEALTH DEPT., MAIN STREET	

### T.B. CONTACT AND B.C.G. CLINICS. (By Appointment.)

SECOND AND THIRD FRIDAY OF EACH MONTH—PUBLIC HEALTH DEPT.,  
MAIN STREET, 9-30 a.m.

### WELL WOMAN CLINIC. (By Appointment).

FIRST AND FOURTH FRIDAY OF EACH MONTH—PUBLIC HEALTH DEPT.,  
MAIN STREET, 9-30 a.m.—12 noon.

## VITAL STATISTICS.

### SUMMARY OF VITAL STATISTICS, 1969.

Area ... ..	4005 acres.
Population (as at 30th June) ... ..	52,804
Inhabited houses ... ..	15,131

	No. Regd. in Area	No. corrected [for usual residence]			Rate per 1000 of Est. Pop. Both Sexes
		Both Sexes	M.	F.	
Live Births ....	1074	1058	534	524	20.0
Live Births (Illegitimate) ....	42	59	23	36	5.6 (1)
Still Births ....	16	17	11	6	16 (2)
Marriages ....	387	—	—	—	7.3
Deaths ....	594	564	309	255	10.7 (*)
Tuberculosis (all forms) ....	—	1	1	—	0.02
Tuberculosis (Resp. System) ....	—	1	1	—	0.02
Children aged ....					
Under One Year ....	—	24	17	7	23 (3)
Under 4 weeks ....	—	17	10	7	16 (3)
Deaths from Acci- dents in the home ....	—	2	1	1	0.04
Deaths from Road Transport Accidents ....	—	6	2	4	0.11

(1). Per 100 live births.

(2). Per 100 total births (including still-births).

(3). Per 1000 live births.

(\*). Rate adjusted for Age and Sex Distribution—13.0.

### DEATHS FROM NON-INFECTIOUS DISEASES.

	No.	Rate per 1000 of Population
Heart Disease ....	199	3.77
Circulatory Diseases ....	17	0.32
Bronchitis ....	32	0.61
Respiratory Diseases ....	8	0.15
Cerebral Haemorrhage....	90	1.70
Malignant Neoplasms ....	108	2.45
Diseases of Nervous System ....	7	0.13
Diabetes Mellitus ....	10	0.18

## DEATHS FROM LUNG CANCER.

YEAR	MALES	FEMALES	TOTAL
1959	16	4	20
1960	19	—	19
1961	24	4	28
1962	19	2	21
1963	26	4	30
1964	29	2	31
1965	23	4	27
1966	28	7	35
1967	22	6	28
1968	26	5	31
1969	35	2	37

## MATERNITY AND CHILD WELFARE.

### STILL-BIRTHS.

16 still-births were registered under the Registration of Still-births (Scotland) Act, 1938 as having occurred within the Burgh, and the probable cause of death is shown in the accompanying table.

#### CAUSE OR PROBABLE CAUSE OF STILL-BIRTH.

Intrauterine Deaths	...	...	...	...	12
Accidental Haemorrhage	...	...	...	...	2
Congenital Malformations	...	...	...	...	1
Prematurity	...	...	...	...	1

### INFANT MORTALITY.

The number of deaths of children under one year was 24—17 males and 7 females—giving an infant mortality rate of 23, which compares with the figure of 21 for the whole of Scotland.

17 of the total deaths occurred in children under 4 weeks old.



## DEATHS OF CHILDREN UNDER ONE YEAR.

Year	Number of Deaths	Rate per 1,000 Live Births
1959	31	23
1960	44	32
1961	37	27
1962	45	32
1963	49	35
1964	41 (28)	32
1965	36 (17)	30
1966	23 (17)	20
1967	27 (15)	23
1968	24 (12)	21
1969	24 (14)	23

Figures in brackets denote deaths in first week of life.

The chief causes of death of children under one year were:—  
Congenital Anomalies, 14; Pneumonia, 5; Gastro Enteritis, 1;  
Accident, 1; Respiratory Disease, 2; General Diseases, 1.

## DEATHS OF CHILDREN BETWEEN ONE AND FIVE YEARS.

Causes.	Number of Deaths.
Pneumonia ... ..	1
Cerebrovascular Disease ... ..	1

## MATERNAL MORTALITY.

There were no deaths attributable to puerperal causes.

The table below indicates the figures for the past ten years.

Year	Number of Deaths	Rate per 1,000 Live Births
1960	1	0.72
1961	0	0.0
1962	0	0.0
1963	0	0.0
1964	0	0.0
1965	0	0.0
1966	0	0.0
1967	0	0.0
1968	1	0.89
1969	0	0.00

## MATERNITY SERVICE STATISTICS.

1080 births took place in hospitals, 722 in Bellshill Maternity Hospital and 358 in the General Practitioner Unit, Alexander Hospital, Coatbridge.

## LOCAL HEALTH AUTHORITY FUNCTIONS.

### CARE OF MOTHERS AND YOUNG CHILDREN.

All Child Welfare and Ante-and-Post-Natal Clinics are staffed by Local Health Authority Nursing personnel, Bellshill Maternity Hospital supplying medical staff for Regional Hospital Board Ante-Natal and Post-Natal Clinics.

8732 children attended the Child Welfare Clinics during the year and of this number 734 children born in 1969 attended the Clinics for the first time during the year.

An "At Risk" Register has been maintained during the year, the Health Visitors being responsible for the placing of names on the Register and a Medical Officer for assessing the children at intervals. At the end of the year there were 154 children on the Register all receiving special supervision.

Unmarried mothers and illegitimate children are visited more often by Health Visitors who offer guidance re social work, help and domestic matters.

### Ascertainment of Deafness.

Elementary screening of cases of suspected deafness is carried out in Clinics or at home by Health Visiting personnel all of whom have been trained in these principles.

### MIDWIFERY.

Domiciliary full-time Midwifery Services obtain in the Burgh with an establishment of 3 Midwives who practice from their own homes.

All the midwives have been trained in the use of Gas and Air Analgesia, Pethidine and Trilene. 2 Trilene Inhalers have been available for use during the year.

The number of domiciliary confinements continues to fall. Approximately 98% of confinements now taking place in Hospital. Since stay in hospital for normal deliveries is only about 6 days Domiciliary Midwives carry out "follow-up" nursing. During 1969, 484 cases of early discharge were attended by Domiciliary Midwives.

During the year, 18 Maternity Outfits have been issued.

### MIDWIVES (SCOTLAND) ACT, 1951.

No emergencies were attended by Medical Practitioners.

## GENERAL REPORT ON THE WORKING OF THE ACT.

The Services under Section 23 of the National Health Service (Scotland) Act, 1947, have functioned satisfactorily during the year and there are no points of importance to remark upon.

### HEALTH VISITING.

4 Health Visitors are employed in the Burgh. The Health Visitors staff the Child Welfare Clinics and the Ante-Natal Clinics conducted by the Regional Hospital Board. For the purpose of Health Visiting the town is divided into districts for each of which one Health Visitor is responsible. During the year this complement was augmented by the employment of 2 Part-time fully trained Health Visitors, but staff is still far short of establishment.

2 Part-time fully trained nurses are employed and they assist at the Child Welfare Clinics, Well Woman Clinic, the Artificial Sunshine Clinic and B.C.G. sessions in Schools.

### WELL WOMAN CLINIC.

In May, 1968, a Well Woman Clinic was established at the Health Department, Main Street, Coatbridge, sessions being held on the First and Fourth Friday of the month.

The undernoted table indicates age groups and the number of women from whom a cervical smear was taken.

	15—24 years	25—34 years	35—44 years	45—54 years	55—64 years	65+ years
Totals	4	64	49	16	3	—

3 cases of trichomonas infection were discovered and were referred for treatment.

### FAMILY PLANNING.

The Family Planning Association conduct a family planning clinic at the Health Department. This clinic was held 2 Mondays per month initially but during the year, sessions were increased to each Monday because of increased demand.

The Catholic Birth Regulation Clinic, previously afforded facilities in the Department, ceased to function on 12th November, 1969.

### WELFARE FOODS.

Welfare Foods, i.e. National Dried Milk, Cod Liver Oil, Orange Juice, and Vitamin Tablets are distributed daily from the Health Department, Main Street, and during Clinic Sessions at the other Clinics.

Issues in 1969 are as tabulated in the following table:—

		Nat. Dr. Milk Packets	Cod Liver Oil (Bottles)	A. and D. Tabs. (Packets)	Orange Juice (Bottles)
January ...	...	89	157	19	928
February ...	...	107	173	20	1044
March ...	...	146	182	46	1353
April ...	...	99	96	29	1106
May ...	...	138	138	24	1376
June ...	...	88	118	12	1326
July ...	...	97	54	15	952
August ...	...	114	93	14	1292
September ...	...	95	107	35	1175
October ...	...	71	130	27	1114
November ...	...	61	162	54	1491
December ...	...	45	104	24	1018
		<hr/> 1150	<hr/> 1560	<hr/> 319	<hr/> 14175

### HOME NURSING.

Eight full-time District Nurses were employed in the Coatbridge area during the year. The following table indicates the main types of cases treated by home nurses during the year, many of whom would have required hospital treatment except for the existence of this service.

TABLE.

Accidents ...	...	...	...	...	26
Anaemia ...	...	...	...	...	212
Cancer ...	...	...	...	...	35
Cerebral ...	...	...	...	...	42
Diabetes ...	...	...	...	...	21
Gynaecology ...	...	...	...	...	10
Varicose Ulcers ...	...	...	...	...	13
Rheumatism ...	...	...	...	...	8
Streptomycin ...	...	...	...	...	14
Senility ...	...	...	...	...	19
Miscellaneous ...	...	...	...	...	197

## DOMESTIC HELP.

This service, administered by the Welfare Department on behalf of the Health Department, was maintained to the Community during the year. As in previous years, the chief beneficiaries were the elderly of the Community. The following tables indicate age groupings, types of cases assisted and number of helps employed.

## HOME HELP SERVICE.

	HOME HELP TO HOUSEHOLDS FOR PERSONS					TOTAL
	Aged 65 or over on 1st visit in 1969  (1)	Aged under 65 on 1st visit in 1969			Others  (5)	
		Chronic Sick (2)	Mentally dis- ordered (3)	Mater- nity (4)		
NUMBER OF CASES ...	338	35	4	4	21	402

## HOME HELPS.

	Whole- time (1)	Part- time (2)	Whole-time equivalent of whole-time plus part-time (3)	Vacancies which would be filled immediately if staff were available (4)
Organisers and Assistant Organisers...	2	—	—	—
Home Helps Male ...	—	—	—	—
Female ...	—	212	76.15	—
Night attenders: Male ...	—	—	—	—
Female ...	—	—	—	—
TOTAL ...	2	212	76.15	—

## VACCINATION AND IMMUNISATION.

Facilities for vaccination against Smallpox and immunisation against Diphtheria, Whooping Cough and Tetanus are available at the Child Welfare Clinics held in the Health Department. Main Street, at Townhead Clinic, Lomond Road, Kirkwood Clinic, Craigend Drive and Rosehall Clinic, Margaret Street, and a reminder in the form of a Birthday Card is sent to each child not immunised at his/her first birthday, while Health Visitors at their visits continue to stress the necessity of maintaining a high standard of immunisation amongst the population at risk. During the year 628 children were immunised against Diphtheria, etc., and 491 received maintenance inoculations, and of these 406 and 201 were inoculated at the Child Welfare Clinics. 479 persons received Primary Vaccination against Smallpox during the year and of this number 326 received inoculations at the Child Welfare Clinics, while 213 persons received maintenance inoculations.

During the year 1968, vaccination against Measles was introduced and at the end of the year 1969, 96 children had been vaccinated against this disease, and of this number 79 received vaccination at the Child Welfare clinics.

The General Practitioners now return forms giving the number of patients vaccinated against Tetanus, and at the end of the year, the total vaccinated against this disease was 145, 127 persons receiving maintenance vaccination against Tetanus.

Vaccination against Poliomyelitis continued to be available at the Child Welfare Clinics and from General Practitioners. During the year the oral type of vaccine was used exclusively, 663 persons completing the course of three doses and 714 receiving a fourth dose, and of these, 409 and 321 respectively were carried out by Local Authority personnel.

At the end of the year approximately 43% of children born in 1968 had completed a course of immunisation against Poliomyelitis.

Age groupings are as tabulated in the following tables:—

## PRIMARY VACCINATION OR IMMUNISATION.

Return for period 1st January, 1969 to 31st December, 1969.

	NUMBER COMPLETED FULL COURSE									
	YEAR OF BIRTH									
	1969	1968	1967	1966	1965	1964	1963	Pre 1963	Total	
(a) Quadruple (Dip., Pert., Tet. Polio) ...	—	—	—	—	—	—	—	—	—	
(b) Combined Diphtheria Pertussis Tetanus	44	471	35	18	12	12	7	29	628	
Poliomyelitis <sup>c1</sup> Oral (Sabin) ...	46	480	52	25	14	14	4	28	663	
<sup>c2</sup> Parenteral (Salk). Not included in (a) ...	—	—	—	—	—	—	—	—	—	
(d) Smallpox ...	1	109	210	58	18	11	4	68	479	
(e) Combined Diphtheria Tetanus ...	—	—	1	1	—	2	—	5	9	
(f) Diphtheria. Not included in a, b, e ...	—	—	—	—	—	—	—	—	—	
(g) Combined Diphtheria Pertussis ...	—	—	—	—	—	—	—	—	—	
(h) Pertussis. Not included in a, b, g. ....	—	2	—	—	—	—	—	—	2	
(i) Tetanus. Not included in a, b, e ...	1	—	2	—	2	2	2	136	145	
(j) Measles ...	1	29	41	8	7	4	4	2	96	



# MAINTENANCE INOCULATIONS.

Return for period 1st January, 1969 to 31st December, 1969.

		NUMBER RECEIVING MAINTENANCE VACCINATION									
		YEAR OF BIRTH									
		1969	1968	1967	1966	1965	1964	1963	Pre 1963	Total	
(a)	Quadruple (Dip., Pert., Tet., Polio) ...	—	—	—	—	—	—	—	—	—	
(b)	Combined Diphtheria, Pertussis, Tetanus ...	1	20	186	48	23	97	34	82	491	
Poliomyelitis	Oral (Sabin) ...	—	8	35	26	15	281	86	263	714	
	Parenteral (Salk). Not included in (a) ...	—	—	—	—	—	—	—	—	—	
(d)	Smallpox ...	—	1	—	—	1	—	—	—	—	
(e)	Combined Diphtheria Tetanus ...	—	—	—	—	2	180	61	9	252	
(f)	Diphtheria. Not included in a, b, c ...	—	—	—	—	—	—	2	1	3	
(g)	Combined Diphtheria Pertussis ...	—	—	—	—	—	—	—	—	—	
(h)	Pertussis. Not included in a, b, c ...	—	—	—	—	—	—	—	—	—	
(i)	Tetanus. Not included in a, b, c ...	—	1	1	2	3	3	2	115	127	



### ARTIFICIAL SUNLIGHT CLINIC.

Two afternoon sessions of the Artificial Sunlight Clinic were held each week until March, when, due to a decline in the demand for this service, the clinic ceased to operate. This service resumed in December with one session per week. Patients attending these clinics are referred by the General Medical Practitioners, from the Child Welfare Centres or School Medical Clinics. During the year 15 first visits and 183 re-visits were made. Patients attended chiefly for rheumatic conditions, arthritis, fibrositis, general debility and sub-standard physical states.

### EPILEPTICS AND SPASTICS.

Where Epileptics and Spastics come to the notice of the Health Department, the Health Visitor concerned maintains observation depending on the individual case, the Social Work Department being introduced where necessary.

### PREVENTION OF ILLNESS, CARE AND AFTER CARE TUBERCULOSIS.

15 cases of respiratory and 3 cases of non-respiratory tuberculosis were notified during the year of which 15 and 3 respectively were confirmed.

The death rate from respiratory tuberculosis was 0.02 per thousand which compares with the figure of 0.06 per thousand for 1968, the preliminary figure for the whole of Scotland being 0.03.

The bed state remained satisfactory during the year, the waiting time being nil.

3 families in which one or more members were suffering from the disease were re-housed during the year.

A contact clinic was held twice per month throughout the year, the attendance being as follows:—

1st Visits	...	...	...	...	...	151
Re-visits	...	...	...	...	...	311

**B.C.G. Vaccination, 1969.**

GROUP	Tuberculin tested		Negative re-actors		Vaccinated during 1969	
	(M)	(F)	(M)	(F)	(M)	(F)
(1) Nurses ... ..	4	43	—	—	—	—
(2) Medical Students ...	—	—	—	—	—	—
(3) Contacts ... ..	86	83	83	82	83	82
(4) Special Groups not included in (1) to (3) above :—						
(a) School leavers	460	542	401	492	399	487
(b) New born babies	—	—	—	—	—	—
(c) Students ...	41	28	36	25	36	25
(5) Others ... ..	—	—	—	—	—	—

**CHIROPODY.**

A full-time Chiropody Service was in operation throughout the year and a fully qualified Chiropodist carries out this Clinic. Treatment is free and by appointment only.

During the year 3068 treatments were given, 722 males and 2346 females.

**HEALTH EDUCATION.**

The Scottish Council for Health Education continued to give valuable assistance during the year in the form of lectures, leaflets and pamphlets, while Health Visitors take every opportunity of stressing measures for the prevention of accidents, especially in the home.

**VENEREAL DISEASE.**

This Clinic is held at Oak Lodge, Hamilton. Dr. G. Masterton, Consultant Venercologist, has supplied the following information of the work of his Department, so far as Coatbridge patients are concerned for the year 1969.

			NEW CASES		ATTENDANCES	
			Males	Females	Males	Females
Syphilis	...	...	—	—	3	—
Gonorrhoea	...	...	2	—	12	9
Trichomonas	...	...	—	2	—	19
Non-Specific Urethritis			7	—	29	—
Other Venereal						
Conditions	...	...	4	1	18	13
Non-Venereal Condition			1	—	—	—
Totals	...	...	14	3	62	41

### CONTROL OF INFECTIOUS DISEASE.

During the year 300 cases of infectious diseases (excluding Tuberculosis) were notified. This figure shows an increase of 117 on the figure for 1968 due to measles now being a notifiable disease.

Details of the major incidence of infectious diseases are as follows:—

**DYSENTERY.** 4 cases were notified, all of which were removed to hospital. 1 death occurred.

**PNEUMONIA.** 135 cases were notified, all of which were removed to hospital. 28 deaths occurred.

**SCARLET FEVER.** 4 cases were notified, 3 being removed to hospital. No deaths occurred.

**WHOOPING COUGH.** 1 case was notified but was not removed to hospital. No deaths occurred.

**ERYSIPELAS.** 4 cases were notified, 2 being removed to hospital. No deaths occurred.

**MEASLES.** 82 cases were notified, 2 cases being removed to hospital. No deaths occurred.

**INFECTIVE JAUNDICE.** 62 cases were notified, 19 cases being removed to hospital. No deaths occurred.

### MENTAL HEALTH.

The undernoted table gives details of patients in or admitted to Hartwood Hospital during the year:—

**Details of Informal Patients for the year ended 31-12-69.**

					M.	F.	Total
Total at 31-12-68	...	...	...	...	85	43	128
Admitted since	...	...	...	...	76	74	150
					161	117	278

Discharged since	...	...	...	...	69	70	139
Deaths	...	...	...	...	6	9	15
Total at 31-12-69	...	...	...	...	<u>86</u>	<u>38</u>	<u>124</u>

### Details of Detained Patients for year ended 31-12-69.

					M.	F.	Total
Total at 31-12-68	...	...	...	...	23	3	26
Admitted since	...	...	...	...	22	22	44
					<u>45</u>	<u>25</u>	<u>70</u>
Discharged since	...	...	...	...	22	14	36
Deaths	...	...	...	...	—	1	1
Total at 31-12-69	...	...	...	...	<u>23</u>	<u>10</u>	<u>33</u>

The following table gives details of patients under Guardianship or informal care as at the end of 1969:—

	Mental Defectives		Mentally ill	
	M.	F.	M.	F.
(1)	(2)	(3)	(4)	(5)
1. No. of patients under statutory guardianship for whom the authority are "local health authority concerned" (whether resident in or outside the authority's area) ... ..	6	—	—	1
2. No. of patients included in 1. under the guardianship of the authority ... ..	3	—	—	—
3. No. of patients included in 1. resident outside the area of the authority ... ..	2	—	—	—
4. No. of persons in the area who are not under guardianship but are receiving regular visits from the authority's staff ...	53	40	1	8

The following table indicates the number of visits and types of cases visited by Local Authority staff during the year:—

VISITS IN RESPECT OF	Medical officers	By local authority staff			Others	By Voluntary organisations under arrangements with the authority
		Health Visitors	P.S.Ws.	Mental Welfare Officers		
(1)	(2)	(3)	(4)	(5)	(6)	(7)
1. Mental defectives under guardianship ....	7	—	—	17	—	—
2. Mental defectives under informal supervision	35	39	—	183	3	—
3. Mentally ill under guardianship ....	—	—	—	—	—	—
4. Mentally ill under informal care ....	—	—	—	52	4	—

The Senior Occupation Centre for mental defectives functioned at "Bonnyhill," Bowling Street, a private house purchased by the Burgh, until the 1st September, 1969 when the purpose-built centre at Margaret Street was brought into operation. This new, spacious and well-equipped building, complete with cooking and dining facilities, and catering for 100 persons of all ages when fully in use, was officially opened on 18th December, 1969 by Provost Edward Dowdalls and the facilities available should serve for many years to keep Coatbridge in the forefront of Scottish Local Authorities in dealing with mental defectives in the community.

The Centre is open daily from Monday to Friday and the average daily attendance at the Senior Occupation Centre was 23.

### **FOOD HYGIENE.**

Inspection of food premises was continued throughout the year and advice given where necessary by the Sanitary Inspector's Staff. Information re the proper conditions for Food Hygiene was brought to the notice of the public by means of posters, etc., during the year.

### **WORK UNDER NURSERIES AND CHILD MINDERS' REGULATION ACT, 1948.**

One application was received for Registration under the above Act. The premises were inspected and they complied with the necessary regulations under the Act. The premises are open from 9 a.m. until 12 noon, five days per week and the maximum number of children to be looked after is 20. The average attendance has been 20.

### **SCHOOL HEALTH SERVICE.**

In the Burgh of Coatbridge the School Health Services are administered and carried out by the Lanarkshire County Council in terms of their duties under the Education Act.

### **FOOD SUPPLY.**

Details of work done, with reference to the supply of milk, ice cream, meat and other foods, are to be found in the Sanitary Inspector's Report. No medical examinations of Trade Employees were carried out under the Ice Cream (Scotland) Regulations, 1958.

### **FOOD POISONING.**

One case of food poisoning occurred during the year. The source of infection could not be traced.

## NUTRITION.

Health Visitors, during home visits and clinics, continue to be the chief medium for the spread of knowledge on this subject. Their efforts have been supplemented by posters, pamphlets and food demonstrations.

## NATIONAL ASSISTANCE ACT.

At the end of the year the Local Authority maintained five homes for elderly people at Merrystone House, Woodside House, Kenilworth House, Lochview, Townhead and the Gibson Lindsay House at Shawhead. The latter two homes are purpose built. No medical supervision is maintained by the Local Authority, each resident consulting his/her own doctor as required.

## NURSING HOMES REGISTRATION (SCOTLAND) ACT, 1938.

No action was necessary under this Act and no Certificates are in force.

## GENERAL SANITATION.

### WATER SUPPLY.

Water is supplied to the Burgh by the Lanarkshire Water Board. The supply has been ample for the needs of the town. Periodic examination of the water has proved it fit for human consumption at all times.

### PUBLIC BATHS.

Samples of water taken at regular intervals throughout the year have all proved satisfactory.

## SUPERANNUATION.

140 persons, 99 males and 41 females, were medically examined for the purpose of Superannuation.

## NOISE ABATEMENT.

No action was taken under this Act during the year.

## HOUSING.

In connection with the above 99 families were visited and reported on re-requested transfer of house on medical grounds. Figures for previous years are as tabulated.:—

1968	...	...	271
1967	...	...	234
1966	...	...	205
1965	...	...	110



# CLINIC AND CHILD WELFARE SERVICES.

## Ante-natal and Post-natal Clinics Held in Local Authority Premises.

	Number of women who attended			Number of sessions held by			Total number of sessions
	During the year (1)	Included in column (1) who were new cases (2)	Included in column (1) who were hospital or private maternity home booked cases (3)	Medical Officer (4)	Midwife only (5)	G.P. (6)	
1. For ante-natal examination ...	603	361	—	—	52	—	156
2. For post-natal examination ...	80	75	—	—	—	—	104





## SERVICES IN THE HOME.

### Health and Tuberculosis Visiting.

#### 1. Number of home visits and cases.

VISITED BY HEALTH VISITORS	Number of cases (1)	Number of visits (2)
1. Expectant Mothers ... ..	31	37
2. Children born in 1969 ... ..	1155	5851
3. Children Born in 1968 ... ..	1096	2750
4. Children Born 1964-67 ... ..	1850	3260
5. School Children ... ..	—	—
6. (a) Persons aged 65 and over ...	25	57
(b) Persons included above who were visited at the special request of a general practitioner or hospital	—	—
7. (a) Mental Health: care and aftercare ... ..	15	37
(b) Persons included above who were visited at the special request of a general practitioner or hospital	—	—
8. (a) Other hospital aftercare ... ..	6	6
(b) Persons included above who were visited at the special request of a general practitioner or hospital ...	5	5
9. Tuberculous households ... ..	43	110
10. Other infectious diseases ... ..	—	—
11. Other ... ..	71	153

## 2. Total attendances by Health and Tuberculosis Visitors at—

Local Health Authority Clinics ... 275

Hospital Units etc. ... ... 104

**Home Nursing.**

	Number of cases (1)	Number of visits (2)
1. Total number of persons nursed during the year ... ..	597	19868
2. Number aged under 5 at first visit in 1969 ... ..	6	62
3. Number aged 65 or over at first visit in 1969 ... ..	305	12513

# MIDWIFERY.

- (i) Total number of births occurring in the area during the year—after adjustment for mother's residence:—  
 LIVE BIRTHS—379. STILL BIRTHS—2. TOTAL—381.
- (ii) Total number of births in (i) occurring in institutions including private maternity homes—358.
- (iii) Number of births in (i) occurring at home:—  
 LIVE—23. STILL—NIL. TOTAL—23.
- (iv) Number of births in (iii) classified to show nature of attendance at birth:—

	Cases dealt with under Section 23 (2) of the National Health Service (Scotland) Act, 1947		Other Domiciliary cases		
	Dr. engaged and present at confinement	Dr. engaged and not present at confinement	Without Dr. or Midwife	All other cases	Total
(1)	(2)	(3)	(4)	(5)	(6)
Midwives employed by the Authority (including those engaged on a fee per case basis)	1	8	—	14	23
Other cases not classified above	—	—	—	—	—
TOTALS	1	8	—	14	23

## TUBERCULOSIS—STATISTICAL RETURNS, 1969.

## PART 1.—RESPIRATORY TUBERCULOSIS.

I.—Number of Cases formally notified for the first time or regarded as notified from 1st January, 1969 to 31st December, 1969.

AGE-GROUPS.											
	Under 1	1- 5	5- 15	15- 25	25- 35	35- 45	45- 55	55- 65	65 Upwards	Total	
Males	—	1	1	1	1	—	3	2	3		
Females	—	—	—	—	1	—	1	1	—	3	
Total	—	1	1	1	2	—	4	3	3	15	

**II.—Number of Cases confirmed to be suffering from active respiratory tuberculosis during the year.**

AGE-GROUPS.											
	Under 1	1- 5	5- 15	15- 25	25- 35	35- 45	45- 55	55- 65	65 upwards	Total	
Males	—	1	1	1	1	—	3	2	3	12	
Females	—	—	—	—	1	—	1	1	—	3	
Total	—	1	1	1	2	—	4	3	3	15	

III.—Number of new cases in Table 2 admitted to Hospital for tuberculosis treatment for the first time during the year.

AGE GROUPS				
	Under 15 years	15 and under 45	45 and over	Total
Males	1	2	3	6
Females	—	—	—	—
Total	1	2	3	6

# HOSPITAL ADMISSIONS AND DISCHARGES (RESPIRATORY TUBERCULOSIS).

IV.—Number of patients admitted to, discharged from or dying in Tuberculosis Hospitals, Sanatoria or wards in other Hospitals reserved for the treatment of the tuberculous.

AGE GROUPS	SEX	In Hospital on January 1	Admitted during year	Discharged during year	Died in Hospital	In Hospital on December 31
Under 15 years	Male	—	1	1	—	—
	Female	—	—	—	—	—
15-44	Male	—	5	3	—	2
	Female	4	2	3	—	3
45 and over	Male	5	5	6	1	3
	Female	1	3	3	—	1
Total	....	10	16	16	1	9

V.—Number of patients dying from respiratory tuberculosis in Hospital accommodation other than that reserved for tuberculous patients

... NIL.



## PART II.—NON-RESPIRATORY TUBERCULOSIS.

VI.—Number of cases formally notified for the first time or regarded as notified as suffering from non-respiratory tuberculosis during the year 1969.

AGE-GROUPS.											
	Under 1	1- 5	5- 15	15- 25	25- 35	35- 45	45- 55	55- 65	65- Upwards	Total	
Males	—	—	—	—	—	1	—	—	—	1	
Females	—	—	—	2	—	—	—	—	—	2	
TOTAL	—	—	—	2	—	1	—	—	—	3	

VII.—Number of cases confirmed to be suffering from active non-respiratory Tuberculosis during the year (excluding transfers in).

FORM	SEX	Under 1	1- 5	5- 15	15- 25	25- 35	35- 45	45- 55	55- 65	65 Upwards	Total
1. Abdominal	Males Females	— —	— —	— —	— —	— —	— —	— —	— —	— —	— —
2. Meningeal	Males Females	— —	— —	— —	— 1	— —	— —	— —	— —	— —	— 1
3. Miliary Tuberculosis	Males Females	— —	— —	— —	— —	— —	— —	— —	— —	— —	— —
4. Bones and Joints	Males Females	— —	— —	— —	— 1	— —	— —	— —	— —	— —	— 1
5. Superficial Glands	Males Females	— —	— —	— —	— —	— —	— —	— —	— —	— —	— —
6. Genito Urinary Organs	Males Females	— —	— —	— —	— —	— —	1 —	— —	— —	— —	1 —
7. Other Organs	Males Females	— —	— —	— —	— —	— —	— —	— —	— —	— —	— —
Total	.... ....	—	—	—	2	—	1	—	—	—	3

## PART III.—ANALYSIS OF TUBERCULOSIS DEATHS.

VIII.—Number of persons who died from tuberculosis in the area during the year with the period elapsing between notification or intimation and death.

	RESPIRATORY		NON-RESPIRATORY	
	Males	Females	Males	Females
Number of Persons who died from Tuberculosis of whom:				
Not notified or notified only at or after death	—	—	—	—
Notified less than one month before death	—	—	—	—
Notified from one to 3 months before death	—	—	—	—
Notified from 3 to 6 months before death	—	—	—	—
Notified from 6 to 12 months before death	—	—	—	—
Notified from 1 to 2 years before death	—	—	—	—
Notified over 2 years before death	1	—	—	—
TOTAL	1	—	—	—

# PART IV.—THE TUBERCULOSIS REGISTER.

IX.—Return of the number of persons resident in the area at 31st December, 1969, who were known to be suffering from tuberculosis.

(Only cases in which a diagnosis of tuberculosis has been confirmed should be included. Persons in Sanatoria, etc., should be included in the figures for the area in which they have their home residence).

Form	Sex	Under 1	1- 5	5- 15	15- 25	25- 35	35- 45	45- 55	55- 65	65 Upwards	TOTAL
1. Respiratory	Males Females	— —	1 —	3 2	6 4	6 10	15 16	22 15	24 10	16 1	93 58
2. Non- Respiratory	Males Females	— —	— —	1 —	3 7	12 7	4 11	1 3	1 5	2 1	24 34

# INFECTIOUS DISEASES.

Return of Cases (excluding Tuberculosis) notified from 1st January, 1969 to 31st December, 1969.  
 Number of Cases coming to the knowledge of the Medical Officer of Health  
 and accepted by him as suffering from the stated disease.

DISEASE	At all ages.	Under 1	1 and under 5	5 and under 15	15 and under 25	25 and under 35	35 and under 45	45 and under 65	65 and upwards	Cases removed to hospital	Cases not removed to hospital
Chickenpox	M 2	1	—	2	—	—	—	—	—	—	—
Dysentery	F 3	—	1	1	1	—	—	—	—	2	—
Erysipelas	M 1	—	1	—	—	—	—	—	—	3	—
	F 1	—	—	—	—	—	—	—	—	1	—
Food Poisoning	M 3	—	—	—	—	—	2	1	1	1	2
	F 1	—	—	—	—	—	—	—	—	—	—
Jaundice, Infective	M 30	—	3	25	1	—	—	1	—	—	1
	F 32	—	4	19	6	2	1	—	1	9	21
Measles	M 40	6	17	15	2	—	—	—	—	10	22
	F 42	9	14	17	2	—	—	—	—	1	39
Ophthalmia Neonatorum	M 1	—	—	—	—	—	—	—	—	1	41
	F 3	1	—	—	—	—	—	—	—	—	—
Pneumonia, Acute Primary	M 1	—	—	1	—	—	2	—	—	1	2
	F 70	14	4	8	5	—	4	13	1	1	—
Pneumonia (not otherwise notifiable)	M 65	9	5	4	4	—	7	13	22	70	—
Scarlet Fever	M 4	—	—	—	—	—	—	—	19	65	—
	F 4	—	—	—	—	—	—	—	—	—	—
Whooping Cough	M 1	—	—	—	—	—	—	—	—	3	1
	F 1	—	1	—	—	—	—	—	—	—	—
TOTAL	M 147	20	25	50	9	—	6	13	24	85	62
	F 153	19	25	46	12	6	10	15	20	85	68

# FACTORIES ACT 1961.

## PART 1 OF THE ACT

### 1. INSPECTIONS FOR PURPOSES OF PROVISIONS AS TO HEALTH (INCLUDING INSPECTIONS MADE BY SANITARY INSPECTORS).

PREMISES. (1)	Number on Register (2)	Number of		
		Inspections (3)	Written Notices (4)	Occupiers Prosecuted (5)
(i). Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by Local Authorities ...	13	13	1	—
(ii). Factories not included in (i) in which Section 7 is enforced by Local Authority ...	96	123	12	—
(iii). Other Premises in which Section 7 is enforced by the Local Authority, (including outworkers' premises)	6	6	2	—
TOTAL ... ..	115	142	15	—

### 2. CASES IN WHICH DEFECTS WERE FOUND.

PARTICULARS. (1)	Number of Cases in which Defects were		Referred		Number of Cases in which prosecutions were instituted (6)
	Found (2)	Remedied (3)	to H.M. Inspector (4)	By H.M. Inspector (5)	
Want of Cleanliness (S.1) ... ..	2	2	—	—	—
Overcrowding (S.2) ... ..	—	—	—	—	—
Unreasonable Temperature (S.3) ... ..	—	—	—	—	—
Inadequate Ventilation (S.4) ... ..	—	—	—	—	—
Ineffective drainage of floors (S.6) ... ..	—	—	—	—	—
Sanitary conveniences (S.7)	1	1	—	—	—
(a) insufficient ... ..	12	10	—	—	—
(b). unsuitable or defective ... ..	—	—	—	—	—
(c). not separate for sexes ... ..	—	—	—	—	—
Other offences against the Act ... .. (not including offences relating to outwork)	—	—	—	—	—
TOTAL ... ..	15	13	—	—	—









